



Secondary 3
Parent Engagement Webinar

Journeying with my Child in NV 7 July 2022 (Thur), 5pm



Gentle Reminders

- (1) Today's slides will be uploaded on the school's website.
- (2) Questions asked in Parents' Gateway will be addressed towards the end of the webinar today. For some of the specific question, respective teacher/KP will call up the parent
- (3) For any question(s), kindly wait until the Q&A. We will answer as many questions as we can within the time allocated.
- (4) For any further question or specific concern (s) regarding your child/ward, kindly call up the Form Teacher.





	Time	Programme				
	5 – 6.30 p.m.	 Introduction & Programme Outline for Sec 3 Webinar Opening address by Principal, Mr Yap Sec 3 Cohort Updates 				
1		Academic Matters				
		Student Matters				
	Q & A (questions raised through PG)					
		Ending address by Vice-Principal, Mrs Ong				





Panelis	sts
Princi <mark>p</mark> al	Mr Yap Thiam Chuan
Vice-Principal	Mrs Patsy Ong
Year Head	Mdm Sri Devi
Assistant Year Head	Mrs Jessie Lim
HOD/Maths	Mrs Loo Tai Yan
HOD/CCE	Mr William Goh
HOD/PE & CCA	Mr Javier Yon
ECG Counsellor	Ms Pan Miaohua



Principal's Welcome Address

Mr Yap Thiam Chuan



Academic Matters

HOD - Maths Mrs Loo Tai Yan



Secondary Three Academic Matters



Scope of Sharing

- Academic Calendar for Semester 2
- Admission Criteria for Post-Secondary

Education

- End-of-Year Exam Matters
 - Promotion Criteria
 - Assessment Weighting
 - Academic Support



德新中学

NORTH VISTA SECONDARY SCHOOL

Academic Calendar For Semester 2

Terr	n Week/Date	Event	
	Week 3	GCE O-Level MTL Oral Exam	HMT students
	Week 4 – 8 18 Jul – 19 Aug	WA3	ALL
3	Week 9 25 Aug	EL Oral Exam	3NA/NT
	Week 9 26 Aug	EL Oral Exam	3E
	Week 10 31 Aug	Issue of Progress Report	ALL
	Week 3 – 5 28 Sep – 12 Oct	End-of-Year Exam	ALL
4	Week 6 17 Oct – 20 Oct	Script-Checking	ALL
4	Week 6 – 7 21, 25 Oct	Lessons as per normal	ALL
	Week 7 28 Oct	Last Day of Term 4	ALL



Admission Criteria for Post- Secondary education



Admission to JC/MI (A-Level Programme) (after receiving O-Level results)

To be eligible for admission to a junior college, you must meet these 2 criteria:

L1R5(JC) & L1R4(MI) must not exceed 20

Computation	Computation of L1R5 (JC)				
L1	EnglishHigher MTL				
R1	• Humanities				
R2	Mathematics ORScience				
R3	Humanities ORMathematics ORScience				
R4	• Any GCE O-level Subject				
R5	• Any GCE O-level Subject				

Computation of L1R4 (Millenia Institute) English L1 • Higher MTL Humanities OR R1 • Mathematics OR Science Humanities OR R2 Mathematics OR Science R3 • Any GCE O-level Subject R4 • Any GCE O-level Subject



Admission to JC/MI
(A-Level Programme)
(after receiving O-Level results)

To be eligible for admission to JC/MI, you must meet these **2** criteria:

▶ Meet the grade requirements for specific subjects

Subject	Grade		
English Language	1-6		
Elementary or Additional Mathematics	1-7		
Any 1 Mother Tongue Language (MTL)	1-7 for MTL1-8 for Higher MTL*		
MTL: Chinese, Malay, Tamil	Merit or Pass for 'B' Syllabus*		



Admission to Poly (after receiving O-Level results)

To be eligible for admission to a polytechnic, you must meet these **2** criteria:

EL-R2-B2 net aggregate score must not exceed 26
 ELR2B2 = EL + 2 Relevant Subjects + 2 Best Subjects −
 bonus points.

▶ Meet the minimum entry requirements of the course that you are applying for.





List of Poly Courses under respective Aggregate Types – A & B

ELR2B2 - A: Arts/Humanities

Course	Poly	Course Code	Aggregate Type	Award		
Health Services Management	RP	R45	С	Dip Health Services Management		
Nursing	NYP	C97	С	Dip Nursing		
Optometry	NP	N83	С	Dip Optometry		
Optometry	SP	S67	С	Dip Optometry		
Oral Health Therapy (Previously known as Dental Hygiene & Therapy)	NYP	C72	С	Dip Oral Health Therapy		
Social Sciences (Social Work)	NYP	C47	Α	Dip Social Sciences (Social Work)		
Sports and Exercise Sciences	RP	R26	С	Dip Sports and Exercise Sciences		
Sports Coaching	RP	R49	С	Dip Sports Coaching		
F. HUMANITIES						
applied Drama and Psychology	SP	S43	A	Dip Applied Drama & Psychology		
Child Psychology & Early Education	NP	N86	Α	Dip Child Psychology & Early Education		
Chinese Studies	NP	N70	Α	Dip Chinese Studies		
Creative Writing for Television and New Media	SP	S41	Α	Dip Creative Writing for TV and New Media		
Early Childhood Education	NP	N66	Α	Dip Early Childhood Education		
Early Childhood Studies	TP	T54	A	Dip Early Childhood Studies		
Gerontological Management Studies	TP	T53	Α	Dip Gerontological Management Studies		
Psychology Studies	NP	N77	A	Dip Psychology Studies		
Psychology Studies	TP	T48	A	Dip Psychology Studies		
Tamil Studies with Early Education (New)	NP	N95	A	Dip Tamil Studies with Early Education		

ELR2B2-B: Business

Accountancy	NP	N51	В	Dip Accountancy
Accountancy	SP	S75	В	Dip Accountancy
Accountancy & Finance	NYP	C98	В	Dip Accountancy & Finance
Accounting & Finance	TP	T02	В	Dip Accounting & Finance
Arts Business Management	NP	N91	В	Dip Arts Business Management
Aviation Management	RP	R39	С	Dip Aviation Management
Aviation Management & Services	TP	T04	С	Dip Aviation Management & Services
Banking & Finance	NYP	C96	В	Dip Banking & Finance
Banking & Financial Services	NP	N53	В	Dip Banking & Financial Services
Banking and Finance	SP	S76	В	Dip Banking & Finance
Business & Social Enterprise	NP	N79	В	Dip Business & Social Enterprise
Business Administration	SP	S71	В	Dip Business Administration
Business Informatics	NYP	C78	С	Dip Business Informatics
Business Information Technology	TP	T36	С	Dip Business Information Technology
Business Innovation and Design	SP	S34	В	Dip Business Innovation & Design
Business Management	NYP	C94	В	Dip Business Management
Business Process & Systems Engineering	TP	T43	С	Dip Business Process & Systems Engineerin
Business Studies	NP	N45	В	Dip Business Studies
Business / Logistics & Operations Management / Marketing	TP	T01	В	Dip Business/ Dip Logistics & Operations Management/ Dip Marketing
Communications & Media Management	IΡ	140	А	Dip Communications & Media Management
Consumer Behaviour and Research	RP	R48	В	Dip Consumer Behaviour and Research
Culinary & Catering Management	TP	T18	В	Dip Culinary & Catering Management



List of Poly Courses under respective Aggregate Types – C & D

C - Science/Engineering

D. ENGINEERING	(6)			**
Aeronautical & Aerospace Technology	NYP	C51	С	Dip Aeronautical & Aerospace Technology
Aeronautical Engineering	SP	S88	С	Dip Aeronautical Engineering
Aerospace / Electrical / Electronics Programme	NYP	C39	С	Dip Aerospace Systems & Management Dip Electrical Engineering with Eco-Design Dip Electronic Systems
Aerospace / Mechatronics Programme	NYP	C40	С	Dip Aeronautical & Aerospace Technology Dip Mechatronics Engineering
Aerospace Avionics	RP	R20	С	Dip Aerospace Avionics
Aerospace Electronics	NP	N75	С	Dip Aerospace Electronics
Aerospace Electronics	SP	S90	С	Dip Aerospace Electronics
Aerospace Electronics	TP	T50	С	Dip Aerospace Electronics
Aerospace Engineering	RP	R40	С	Dip Aerospace Engineering
Aerospace Engineering	TP	T51	С	Dip Aerospace Engineering
Aerospace Systems & Management	NYP	C52	С	Dip Aerospace Systems & Management
Aerospace Technology	NP	N65	С	Dip Aerospace Technology
Audio-visual Technology	NP	N76	С	Dip Audio-visual Technology
Automation & Mechatronic Systems	NP	N50	С	Dip Automation & Mechatronic Systems
Bioengineering	SP	S58	С	Dip Bioengineering
Biomedical Engineering	NP	N60	С	Dip Biomedical Engineering
Biomedical Engineering	NYP	C71	С	Dip Biomedical Engineering
Clean Energy	TP	T52	С	Dip Clean Energy
Clean Energy Management	NP	N84	С	Dip Clean Energy Management

D- Media & Design

I. MEDIA & DESIGN	101			9
3D Interactive Media Technology	TP	T49	C	Dip 3D Interactive Media Technology
Advertising & Public Relations	NP	N87	A	Dip Advertising & Public Relations
Animation	NYP	C61	D	Dip Animation
Animation & 3D Arts	NP	N92	D	Dip Animation & 3D Arts
Apparel Design & Merchandising	TP	T20	D	Dip Apparel Design & Merchandising
Arts and Theatre Management	RP	R25	A	Dip Arts and Theatre Management
Chinese Media & Communication	NP	NAR	A	Dip Chinese Media & Communication
Communication Design	TP	T59	D	Dip Communication Design
Design for User Experience	RP	R36	D	Dip Design for User Experience
Digital Animation	SP	S35	D	Dip Digital Animation
Digital Film & Television	TP	T23	D	Dip Digital Film & Television
Digital Game Art & Design	NYP	C60	D	Dip Digital Game Art & Design
Environment Design	TP	T46	D	Dip Environment Design
Experience and Product Design	SP	S51	D	Dip Experience and Product Design
Film, Sound & Video	NP	N82	D	Dip Film, Sound & Video
Game Design	RP	R35	D	Dip Game Design
Games Design & Development	SP	S56	D	Dip Games Design & Development
Industrial Design	NYP	C83	D	Dip Industrial Design
Interaction Design	NYP	C59	D	Dip Interaction Design



ELR2B2 for respective Aggregate Types

	Agg	regate Type	ELR2B2-A	ELR2B2-B	ELR2B2-C	ELR2B2-D		
		EL	English Language					
	R2 1st grp of relevant subjects		Art Humanities	EMath or AMath				
		2 nd grp of relevant subjects	Art D&T E.Math/ A.Math F&N Humanities MTL	Art Humanities	D&T F&N Science	Art D&T F&N Science		
B2			Ве	st 2 other sub	jects excluding	CCA		

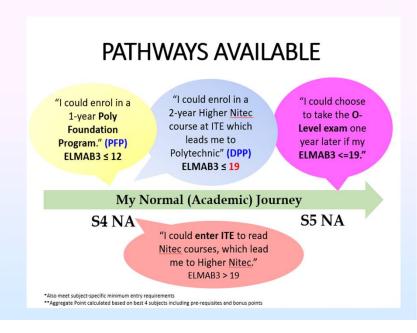


Options for 4NA (after receiving N-Level results)

Pathway 1 : Polytechnic Foundation Programme (PFP)

Eligibility Check:

- Obtained EL-MA-B3 (English, Math, 3 Best subjects) aggregate of 12 points or less (before deduction of CCA bonus points)
- Obtained Grade 3 or better for all subjects used in the computation of your child ELMAB3 aggregate (Note: Certain PFP courses require an EL grade of 2.)

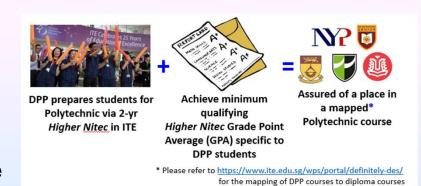




Options for 4NA (after receiving N-Level results) Pathway 2: Direct-entry-scheme to Polytechnic Programme (DPP)

Eligibility Check:

- Obtained ELMAB3 (English, Math, 3 Best subjects)
 aggregate of 19 points or less (before deduction of CCA bonus points)
- Obtained Grade 4 or better for EL & MA (Note: Certain Higher nitec courses require an EL grade of 3.)
- Obtained Grade 5 or better for 3 other subjects used in the computation of your child ELMAB3 aggregate



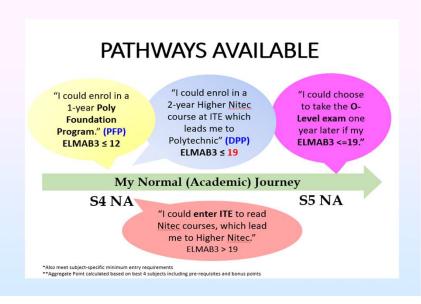


Options for 4NA (after receiving N-Level results)

Pathway 3: Sec 5N(A)

Eligibility Check:

- Obtained ELMAB3 (English, Math, 3
 Best subjects) aggregate of 19 points or less (before deduction of CCA bonus points)
- Obtained Grade 5 or better for all subjects used in the computation of your child ELMAB3 aggregate





Options for 4NT (after receiving N-Level results)

PATHWAYS AVAILABLE

"I could enrol in the Enhanced 3-year Higher Nitec Course which allow progression to Poly

"I could enrol in a 2-year Nitec course at ITE which allow progression to Higher Nitec or Poly "I could apply for a 3year *Nitec* courses with Enhanced *Nitec* Foundation Programme (Fewer than 2 N-Level passes)

My Normal (Technical) Journey



How can parents support their child?

MOE Admissions Microsite:

https://www.moe.gov.sg/post-secondary/admissions





Year-End Exam Matters



Promotion Criteria (Express)

Stream	Minimum Attainment Level
Express	Grade 6 or better in EL and 2 other subjects

Scoring (Express)		
Grade	Marks	
A1	75 and above	
A2	70-74	
В3	65-69	
B4	60-64	
C5	55-59	
C6	50-54	
D7	45-49	
E8	40-44	
F9	Below 40	



Promotion Criteria (Normal Academic)

Stream	Minimum Attainment Level
Normal (Academic)	Grade 5 or better in - EL and 2 other subjects OR - 4 subjects

Scoring (NA)		
Grade	Marks	
1	75-100	
2	70-74	
3	65-69	
4	60-64	
<mark>5</mark>	<mark>50-59</mark>	
U	Below 50	



Promotion Criteria (Normal Technical)

Stream	Minimum Attainment Level
Normal (Technical)	Grade D or better in 2 subjects, one of which should be EL or Mathematics

Scoring (NT)		
Grade	Marks	
А	75-100	
В	70-74	
С	60-69	
D	50-59	
U	Below 50	



Assessment Weighting

There will be no more than one weighted assessment per subject, per school term.

Semester 1		Semester 2			
As	Weighted Weighted Seessment 1 Assessment 2		Weighted Assessment 3	Semestral Assessment	
	(WA1)	(WA2)	(WA3)	(EYE)	
	Alternative	Alternative	Alternative		
As	sessment OR	Assessment OR	Assessment OR	55 0/	
	Test 1	Test 2	Test 3	55%	
	(15%)	(15%)	(15%)		



Timeline for End-of-Year Examination

Duration:

Wed 28 Sep – Wed 12 Oct

Exam Timetable:

Will be printed & distributed by 19 Aug

Exam Topics and Format:

Will be uploaded on School Website by 19 Aug





Academic Support in NV

- Individual face-to-face/ e-Consultations (via zoom) for students who need additional help or have clarifications on content taught
- Dept-based learning sessions: focused on certain topics/ areas of need
- Students will be informed by their subject teachers in advance if they are required to attend the sessions and of the start/end time for each session.





Academic Support Schedule

	Mon	Tue	Wed	Thu	Fri
ODD week	Hum	Art/DT/ ESS/NFS	Math	Sci (Phy/Bio)	MTL
EVEN week	EL	EL Sci (Chem) AMath consultati sessions		Ad-hoc consultation sessions (Mode: Online)	Hum



What parents can do to support their child in examination preparation:

Importance of 3 "A"

Attendance: Be present and punctual

Attention: remind your child to get enough sleep so

that he/she can focus on learning

Attitude: Foster habits of self-discipline and consistent work, e.g.

completing homework, constant practice.

Monitor your child's learning and progress at home



What parents can do to support their child in examination preparation:

- Encourage your child to allocate time for revision daily
- Do focused/ targeted practices on topics he/she is weak in
- Take notes during lessons
- Advise your child to reach out to subject teachers if he/ she has any questions











Student Matters Mental well-being of my child

Presented by YH/Mdm Devi for

Senior School Counsellor Mrs Joanna

The Teenage Experience: What to Expect

Ages: 10-13

- Puberty begins (females usually mature 1-2 years earlier than males)
- Struggle to maintain a balance between family and independence
- Increased awareness of physical attractiveness and physical changes
- Preoccupation and self-absorption
- Tendency to indulge in unrealistic goals and future expectations
- Desire to expand social network and test authority figures
- Greater fluctuation in behaviour, mood, and motivation
- Decreased impulse control and more intense emotions

Ages: 14-16

- Puberty for some may be completed
- Greatest level of teenager-parent conflict
- Increased focus on time with friends; decreased interest in family activities
- Desire to mirror peers (e.g. clothing, language, values)
- Peers may be more influential than family
- Feelings of self-absorption and confusion
- Increased ability to communicate ideas, thoughts and feelings
- Begin to develop their own opinions, values and identity

Ages: 17-21

- Begin to accept and fulfil adult responsibilities
- Increased positive family dynamics
- Increased ability to make decisions independently
- Increased ability to express thoughts, ideas and emotions
- Decreased concern with appearance
- Increased self-assurance
- Decreased incorporation of peer values
- Improved problem-solving skills
- · Strengthened values

Typical

Increased moodiness

- Increased selfconsciousness, of feeling "on stage," increased focus on body image
- 3. Increased dawdling or procrastinating

Not Typical: Cause for Concern

- 1. Intense, painful, long-lasting moods; risky mood-dependent behavior, major depression, or panic attacks; self-injury or suicidal thinking
- 2. Social phobia or withdrawal; perfectionism and unrealistic standards; bingeing, purging, or restricted eating; obsessive about or neglectful of hygiene
- 3. Multiple distractions to point of not being able to complete homework or projects, lack of focus that interferes with daily work or tasks, regularly late for appointments

Adapted from DBT Skills Manual for Adolescents, 2015

Typical

- Increased parent– adolescent conflict
- 5. Increased sense of invulnerability (may lead to increased sensation seeking or risk taking
- Stressful transitions to middle and high school

Not Typical: Cause for Concern

- Verbal or physical aggression, running away
- 4. Multiple accidents; encounters with weapons; excessive risk taking, getting arrested
- School refusal; bullying or being bullied; lack of connection to school or peers; school truancy, failure, or dropout

Adapted from DBT Skills Manual for Adolescents, 2015

Typical

- 7. Becoming stressed by everyday decision making
- 8. Increased desire for privacy
- 9. Strong interest in technology; social media

Not Typical: Cause for Concern

- 7. Becoming paralyzed with indecision
- 8. Isolation from family; breakdown of communication, routine lying, and hiding things
- Many hours per day spent on computer, on high-risk or triggering websites; casually meeting partners online; revealing too much (e.g., "sexting," overly personal posts on Facebook, Tumblr, Instagram, in blog)

Adapted from DBT Skills Manual for Adolescents, 2015

Typical

10. Messy room

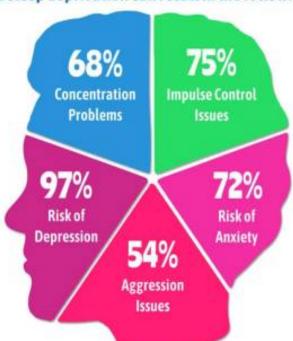
11. Sleep cycle shifts later (urge to be a "night owl" and to sleep late on weekends)

Not Typical: Cause for Concern

- 10. Old, rotting food; teen not able to find basic necessities; dirty clothes covering floor chronically
- 11. Often up nearly all night; sleeps almost all day on weekends; routinely late (or missing school) because of sleep schedule

Its Official - 58% Of Children Are Not Getting Enough Sleep

These children are at a greater risk of experiencing mental health issues. Even mild sleep deprivation can result in the following increases:



U.S. Data 2020

Tips for Better Sleep

Good sleep habits (sometimes referred to as "sleep hygiene") can help you get a good night's sleep.

Some habits that can improve your sleep health:

- Be consistent. Go to bed at the same time each night and get up at the same time each morning, including on the weekends
- Make sure your bedroom is quiet, dark, relaxing, and at a comfortable temperature
- Remove electronic devices, such as TVs, computers, and smart phones, from the bedroom
- · Avoid large meals, caffeine, and alcohol before bedtime
- Get some exercise. Being physically active during the day can help you fall asleep more easily at night.



What else can parents do?

- Stay calm.... Parents' anxiety often trigger their child's anxiety too
- Speak to professionals who work with a spectrum of young people, to understand if your child's current difficulties are normal or may point to mental health problems
- Help your child get enough nutritious food, restful sleep, fresh air and stay hydrated. Stressed youth often neglect these basic needs, which can leave them with even less energy to cope with their stress.

NV Counselling Team



(from left) Mdm Veronica Eng, Ms Joanna Koh

Make an appointment with a counsellor:



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CCA Matters

HOD/CCA Mr Javier Yon



Why CCA?

- CCAs are a key component of students' holistic education
- Through CCAs, students discover their interests and talents
- CCAs also provide platforms for students to develop their character, learn values, social emotional competencies and other relevant skills to prepare them for future challenges



LEAPS 2.0

- It is a framework to recognise secondary school students' holistic development.
- Students will be recognised with <u>levels of attainment</u> in four domains:
 - Leadership
 - Achievement
 - Participation
 - Service



NORTH VISTA SECONDARY SCHOOL

Recognition of Students' Level of Attainment

At the end of the graduating year, students' co-curricular attainment will be recognised according to Excellent/Good/Fair. The level of attainment will be converted to a bonus point(s) which can be used for admission to Junior Colleges/ Polytechnics/ Institutes of Education (JC/Poly/ITE).

Co-Curricular Attainment	Details	
Excellent (2 bonus points)	Student who attains a minimum Level 3 in all four domains with at least a Level 4 in one domain.	
Good (1 bonus point)	Student who attains a minimum Level 1 in all four domains with any one of the following: i. At least Level 2 in three domains; ii. At least Level 2 in one domain and at least Level 3 in another domain; or iii. At least Level 4 in one domain.	
Fair	Student's attainment in co-curricular will not translate into any bonus points.	



LEVELS OF ATTAINMENT – EXAMPLES

Example A: Student has attained a minimum Level 3 in all four domains and at least Level 4 in one domain (Participation). Hence, the student's co-curricular attainment is recognised as Excellent.

Domain	Description of Attainment	Level
Participation	Participated in the same CCA for 4 years with at least 75% attendance for each year	4
Achievement	Represented school at local competition / conference / festival / exhibition for 2 years	3
Leadership	Committee for school-wide events	3
Service	Completed at least 24 hours of service and at least one VIA project that impacts the school or community	



Supporting your child

- Parents play an important role in ensuring your child's holistic and balanced development
- Your child benefits most when the emphasis on developing values, life skills and your child/ward's interests and strengths are reinforced at home
- Talk to your child/ward about his/her CCA experiences in school
- Encourage them to be active participants in CCA
- Communicate with the CCA teachers



Q&A Part 1



Question

Academic matters

Those with some subjects that are express subjects like Maths, will they take O level Maths next year?

Yes, they will continue to take O level Maths in Sec 4 unless the student is unable to cope and wants to switch to NA Maths.

However, do note that it is either O level or NA level Maths.

A student cannot take O level Maths and NA Maths exam at the same time.



Question				
Academic matters				
What are the major exams 3N will have next year?	1) For 4N students taking subjects at N(A) level, they will only be sitting for GCE N-Level Exam (Sep -mid Oct)2) Eg: Student A taking NA EL, Exp CL, NA MA, Exp Sci, NA Combined Hum & Exp DT.			
	2) For 4N students taking subjects at N(A) and Exp level, they will be sitting for GCE N-level exam (in Sep - mid Oct) and O-level exam (in mid Oct) Eg: Student A will sit for N-Level exam for the following subjects: EL, MA and Combined Hum. Students will also sit for O-Level for the following subject: CL, Sci and DT.			
Will there be any supplementary lesson for weaker students in Sec 3?	There is academic support programme in place as mentioned by Mrs Loo Tai Yan in her sharing.			



Question				
Post-Pathway				
What is the cut off points and other requirements for PFP?	Shared by Ms Pan Miaohua			
I will like to know the pros and cons for JC and polytechnic.				



Question			
CCA matters			
Information on ALP schedule	ALP schedule - For Sec 3 ALP, it is Tier-2 and only for Bio students. The parents of these students have been informed of the schedule via PG.		
I will like to know how to earn leadership point.	Shared by Mr Javier Yon		
Is class secretary able to earn leadership point?			



Question				
Webinar matters				
Will this webinar be uploaded on any platform for parents (who cannot attend it) to re-watch?	Slides will be uploaded after the webinar. For any enquiries, please feel free to contact your child/ward's FT/AYH/YH			
Student well-being related matters				
Where to report when my kid feels being bullied?	Please ask your child to inform the Form teacher/AYH/YH immediately. We will do the necessary follow-up actions.			



Q&A Part 2



How to contact us for further queries

School Telephone No: 68793930

School Email Add: northvistass@moe.edu.sg

Email address in Term Letter: (Term 1 - Letter to parents/Annex A)



Vice- Principal's Ending Address

Mrs Patsy Ong



Thank you for your time, and we look forward to continuing our journey in nurturing your child/ward together.